

# TA/RA Conference Workshop Evaluation Summary Report

Facilitator: **Elizabeth Scarbrough**

Year: **2014**

Range: 0 "Strongly Disagree" to 5 "Strongly Agree"

Workshop Title: **Balancing Graduate School Demands**

Session: **6**

Workshop was valuable	Goals were met	Clear and organized	Can apply in my future work	Average of 4 Ratings	The most helpful aspect...	Would be more helpful if...	TA/RA's Department
5	5	5	5	5.0	Reminders that time management is hard for everyone and perfectionism is the enemy.	--	Health Services
5	5	5	5	5.0	--	--	Art, Art History, and Design
5	5	5	5	5.0	Video clips/ [illegible]. - Group work.	--	Nutritional Sciences
5	5	5	5	5.0	Writing out demands + strategies was really helpful.	N/A.	Molecular and Cellular Biology
5	5	5	5	5.0	- Good advice/brainstorming. - Elizabeth was insightful.	--	Computer Science and Engineering
5	5	5	5	5.0	She had a lot to say and I like that she was honest with her life.	More time.	Marine & Environmental Affairs
5	5	5	5	5.0	Group input for work strategies alongside current grad student perspective.	N/A.	Classics

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5	5	5	5	5.0	--	--	Industrial & Systems Engineering
5	5	5	5	5.0	Excellent handout. Very knowledgeable.	--	Aeronautics and Astronautics
5	5	5	5	5.0	--	--	Rehabilitation Medicine
5	5	5	5	5.0	Getting the class involved and relating us all to one another i.e. -> we are all worried about the same things.	--	Art, Art History, and Design
5	5	5	5	5.0	All of it was great. I would keep: - Time wasters. - Common concerns & solutions. - Gol fball video -> helps to know how to prioritize.	I have issues prioritizing effectively. Spending a bit more time on that would be great.	Environmental and Occupational Health Sciences
5	4	5	5	4.8	Discussing priorities and lowering life standards.	--	Oral Health Sciences
5	5	4	5	4.8	Discussing personal experiences that we might/might have already had.	More organized info.	Sociology

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5	5	4	4	4.5	Taking time to think about my own priorities.	N/A.	Molecular and Cellular Biology
4	5	5	4	4.5	--	--	Computer Science and Engineering
5	4	4	5	4.5	- Very positive attitude of facilitator and clearly lots of real experience to share.	We didn't need to watch the golfball video :).	Electrical Engineering
4	4	5	4	4.3	Suggestions for good time management solutions.	--	Psychology
5	4	4	4	4.3	- Self-reflection & discussion. - Union information.	More examples/expectations.	Computer Science and Engineering
4	4	4	4	4.0	--	--	Bioengineering
3	4	4	4	3.8	--	--	Materials Science and Engineering

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3	3	4	5	3.8	Group activity aspect.	--	Sociology
4	4	4	3	3.8	Hearing other concerns. PI + student interactions.	--	Bioengineering
4	3	5	3	3.8	--	-> Be more positive about the research life.	Aeronautics and Astronautics
3	3	4	3	3.3	Reflection on your own life.	More concrete time management skills like diff. calendars, etc.	Molecular and Cellular Biology

**4.6**   **4.5**   **4.6**   **4.5**   **4.6**   <--Averages of Ratings

**0.7**   **0.7**   **0.5**   **0.7**   <--Standard Deviations of Ratings